



HAKOMI INSTITUTE OF CALIFORNIA

5758 Geary Blvd, #160, San Francisco, CA 94121 (415) 839-6788

APPLICATION FOR THE 2010 COMPREHENSIVE TRAINING: HAKOMI METHOD OF EXPERIENTIAL PSYCHOLOGY

Please email or send 1 copy of this completed application along with:

- 1 Copy of a recent photograph (photocopy is fine)
- a \$75 non-refundable application fee made out to: *Hakomi Institute of California*.
- please email or send to:

Hakomi Institute of California
5758 Geary Blvd. #160
San Francisco, CA 94121
email: contact@hakomicalifornia.org

Early registration deadline January 22, 2010
Application deadline February 25, 2010

All students are considered for admission to the Hakomi Institute without regard for sex, race, sexual preference, religion, or physical ability.

Please type your answers to the following:

Date of Application _____ Date of Birth _____

Name _____

Address _____

Phone (Home) _____ (Work) _____

Gender _____ Email _____

In Case of Emergency, notify _____ Relationship _____

Address _____ Phone _____

Previous Hakomi training or workshop taken: trainers, locations, dates

Have you been a client of a Hakomi therapist? If so, how has that effected your desire to take the training??

Please answer the following questions as honestly as possible. Through your responses, we hope to get as full a picture of you as we can. Feel free to add whatever you believe will be helpful to us. Answers to these questions do not automatically include or exclude an applicant from the training. This information allows us to relate to you more personally during the interview process, and to shape the training to the nature of the members of the group. *The entire application need be no longer than 3 typed pages.*

1. Occupational History: Start with your most recent:

Job Title	Job Duties	Employer	From-To
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2. Educational History: Start with most recent.

Educational Institute • Field of Study • Degree or Certification • From-To

3. Briefly describe your experience in Hakomi workshops that you've attended and state what draws you to study further.

4. What is your particular plan or vision for applying the Hakomi Method? How does Hakomi fit in with your career plans and life goals?

5. Describe your experience working one-on-one, or in groups, with clients. Include the kind of practice, nature of your work, type of clientele, and the degree of success and satisfaction you feel you've received from the work.

6. Students are expected to have engaged in extensive personal growth processes. Tell us about your experience as a psychotherapy, bodywork, or movement therapy client. Include both factual details (when, how long, what kind of therapy etc.) and its personal impact.

7. Students are expected to practice the Hakomi Method with non-student clients outside of class time. If you do not have such a setting available to you, please tell us specifically how you will arrange for this.
8. The training requires a considerable investment of time and resources. Participants must demonstrate a history of consistently supporting themselves financially. Please state how you plan to meet the financial obligations of this training. Please also state whether you can pay in full before the training, or propose a payment plan.
9. Are you able to make all the training dates? If not, for which dates and times will you be absent?
10. Using one side of a page or less, describe the kind of person you are.
11. Tell us about the way you tend to participate in groups. Include topics like leadership, extroversion/introversion, how you prefer others to be, difficulties you typically experience, etc.
12. How do you tend to act when you get upset, angry, disappointed?
13. The training can be physically and emotionally demanding. Do you have any health issues that may interfere with your ability to participate in the training?
14. Have you ever received psychotherapy? If so, what was the duration & what issues did you work with? If you are currently working with a therapist, briefly, what issues are you dealing with?
15. Are you currently taking any medications or substances for emotional or psychological reasons? If so, briefly describe.
16. Have you ever been convicted of a crime? Are you now or have you ever been engaged in any lawsuits? If so, please describe.
17. Have you ever considered or been in danger of hurting yourself or someone else physically? If so, please describe.